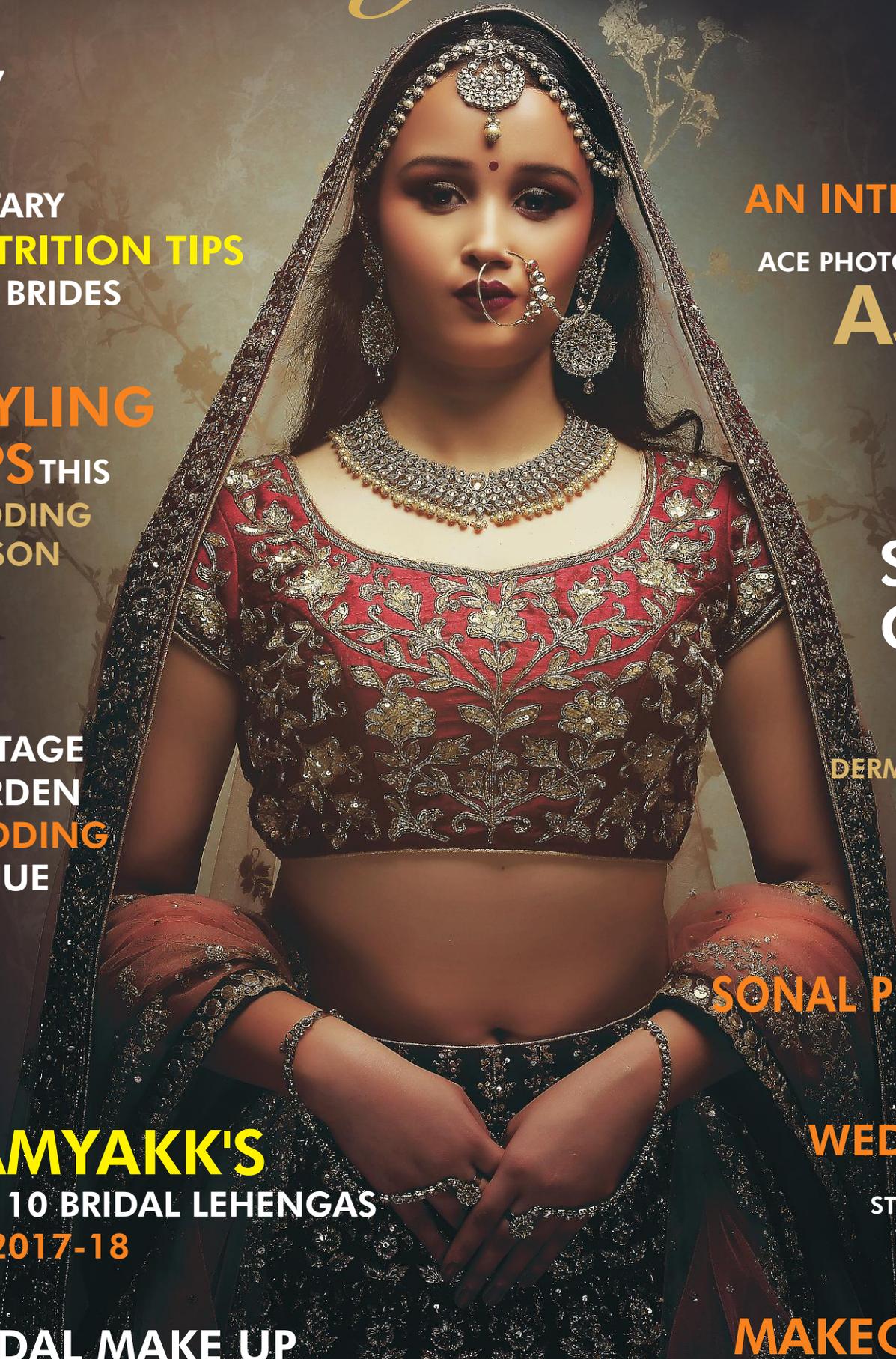


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2017

DIETARY
NUTRITION TIPS
FOR BRIDES

STYLING
TIPS THIS
WEDDING
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VINTAGE
GARDEN
WEDDING
VENUE

SAMYAKK'S
TOP 10 BRIDAL LEHENGAS
OF 2017-18

BRIDAL MAKE UP
TIPS & TRICKS

AN INTERVIEW
WITH
ACE PHOTOGRAPHER
AJAY

SKIN
CARE
Q & A
COSMETIC
DERMATOLOGY

MODEL
SONAL PRABHU

WED-SITES
ONLINE
STORY BOARD

SMILE
MAKEOVERS
Q & A

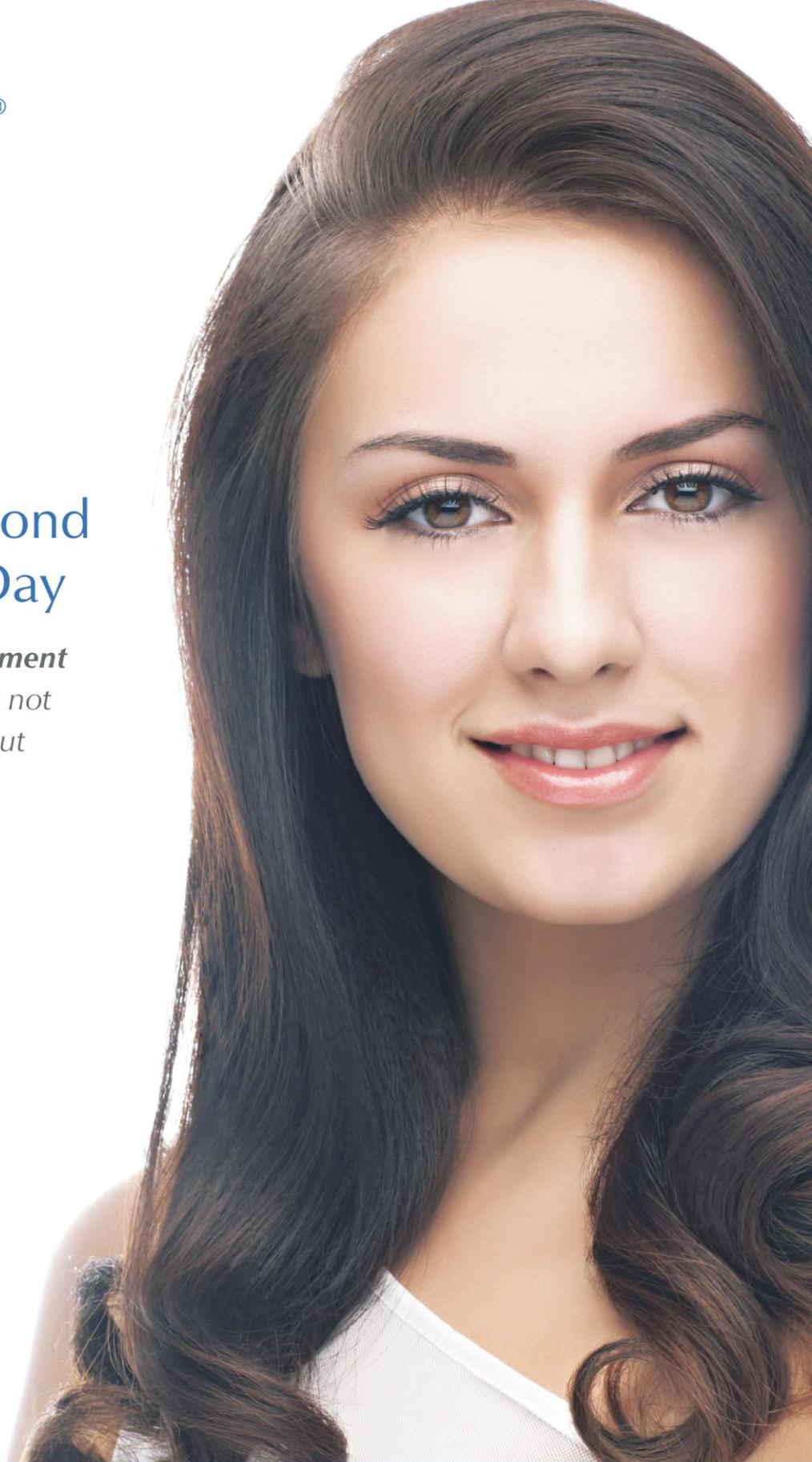
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canvas.
Meet
Chetna
Mallya, a
professional
makeup
artist

37 Q & A with Cosmetic Dermatologist

Dr. Chytra V
Anand - an
Internationally
renowned
cosmetic &
celebrity
dermatologist,
founder of
Kosmoderma

42 A Wedding Ambience In A Heritage Garden

The stage is
set. Amidst
the ambience
of a rustic
garden, or
reminds you
of the
traditions of
the
past...love
stories are
being
weaved....

47 Your Outfit & Look Should Always Make a Statement.

I play with
bold colours,
statement
jewellery and
I love to
accessorize. I
prefer

gemetical
cuts and love
to play with
anything that
stands out.

53 Wedding Story Board

The beautiful
love story of
fashion
designer
Lavanya who
met her match
in ever
charming Vinay
. A brief
interview with
the lovely
couple about
their wedding
journey.

63 Wedding Smiles

No doubt your
wedding day
will be the
most
photographed
day of your
life and you
definitely
want to look
your best.



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47 Bride of Honor
are bridal
consultants
who help the
bride make her
dream look a
reality for her
wedding day.



06 Samyakk's Top 10 Bridal Lehenga of 2017-18

The house of
Samyakk is one
of the well
known brands
for anything
Bridal. They
stock a vast
collection of
designer
lehengas,
sarees & ethnic
wear ideal for
all the
ceremonies in
a wedding.

19 The Story Of The Man Behind The Camera

A cinematographer
and wedding
photographer ,
Ajay Kumar M L
has been
one of
Kannada film
industries
well known
photographers .

25 Nutrition & Dietary Tips for Brides

Dt. Tanuja
Jain is a well
known

qualified
holistic
Dietitian, a
certified
Diabetes
Educator and
weight loss
diet expert.
She is one
among the top
10 dietitians
and nutrition
experts in
Bangalore.

29 Tips & Tricks on Bridal Makeup with MUA

For her
make up is
an art and
the face a

Hello All,

Bride of Honor started out as bridal consultants and have been working with brides and grooms to help them prepare for their wedding day... While assisting them we have come across a huge amount of information that we would like to share with all the brides and grooms in order to help them get information and an honest opinion about the different services available for them to get pampered and have a stress free wedding. This magazine is a collective effort of many people and on behalf of Bride of Honor, I would like to thank each and everyone for their contributions and cooperation

in bringing out this magazine. Our endeavor, as an online magazine, is to help people reach out to vendors and get relevant information instantly at the click of a button. We hope this magazine would be useful to you.

We look forward to your comments criticisms suggestions and continuous support to make the magazine provide more relevant information. We invite you to contribute to the magazine We hope you will enjoy reading the magazine.

Write to us @
info@brideofhonor.com

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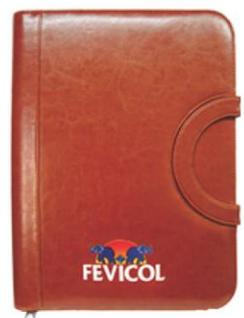
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Ajay Photography
MakeUp By- Chetna Mallya
Styled By- Sapna Savant
Model- Sonal Prabhu



Top 10 Lehengas for 2017-18 Wedding Season from the House of Samyakk

About Samyakk

The house of Samyakk is one of the well known brands for anything Bridal. They stock a vast collection of designer lehengas, sarees & ethnic wear ideal for all the ceremonies in a wedding. They also have a huge collection of Indo Western outfits for parties and festive occasions. Samyakk also houses a variety of menswear from the quintessential Sherwani, Suits to kurtas .In short, Samyakk is a one stop destination in wedding wear shopping for the entire family.

Samyakk also works with entire family for the wedding if they have a specific theme and would like to color coordinate & dress the entire

wedding party.

Samyakk hosts a large collection of designer bridal lehengas and is a recognized brand for some of the most intricate and elaborate work on its bridal line. They host exquisite craftsmanship and their lehengas feature both contemporary and classic designs ensuring that a bride looks perfect and dolled up on her wedding day.

The Bridal lehengas are very economical and range from around Rs.35,000/- to Rs.3,00,000 depending on the fabric & the workmanship involved in making each of these masterpieces.

Samyakk believes in providing the best outfits at the most reasonable prices.

Samyakk also provides bespoke services & customized designs

to suit a specific requirement. they take up special requests with a timeframe of 3 months to complete the order.

Bridal Lehenga

A Lehenga as a bridal wedding outfit has become a trend nowadays in every region of India. Previously only North Indian brides preferred to wear a lehenga but now brides from South, West & East India are also wearing lehengas & indo western gowns in their wedding reception and other ceremonies. There are different types of Bridal lehengas, i.e

- The most traditional circular Lehenga
- A-Line Lehenga
- Sharara cut Lehenga
- Straight cut Lehenga
- Jacket Lehengas- Preferred in receptions
- Draped Lehenga- Mostly used by south Indian Brides

Bridal treatment

When a bride walks into Samyakk to choose her lehengas ,she is assigned a fashion designer who helps her choose the right lehenga with the specific color combinations, the different fits to suit her body type and Samyakk ensures the bride receives all cooperation in choosing the right outfit for the different ceremonies.

Samyakk has in-house alteration and customization team who then takesover and once the bride selects the lehenga and places an order, the outfit is custom stitched to her perfect measurements with any slight customization if the bride so prefers. The bride is assigned a trial day where she comes to check her final fittings on the lehenga before delivery.



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Ajay Photography

MakeUp By- **Chetna Mallya**

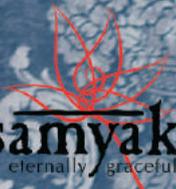
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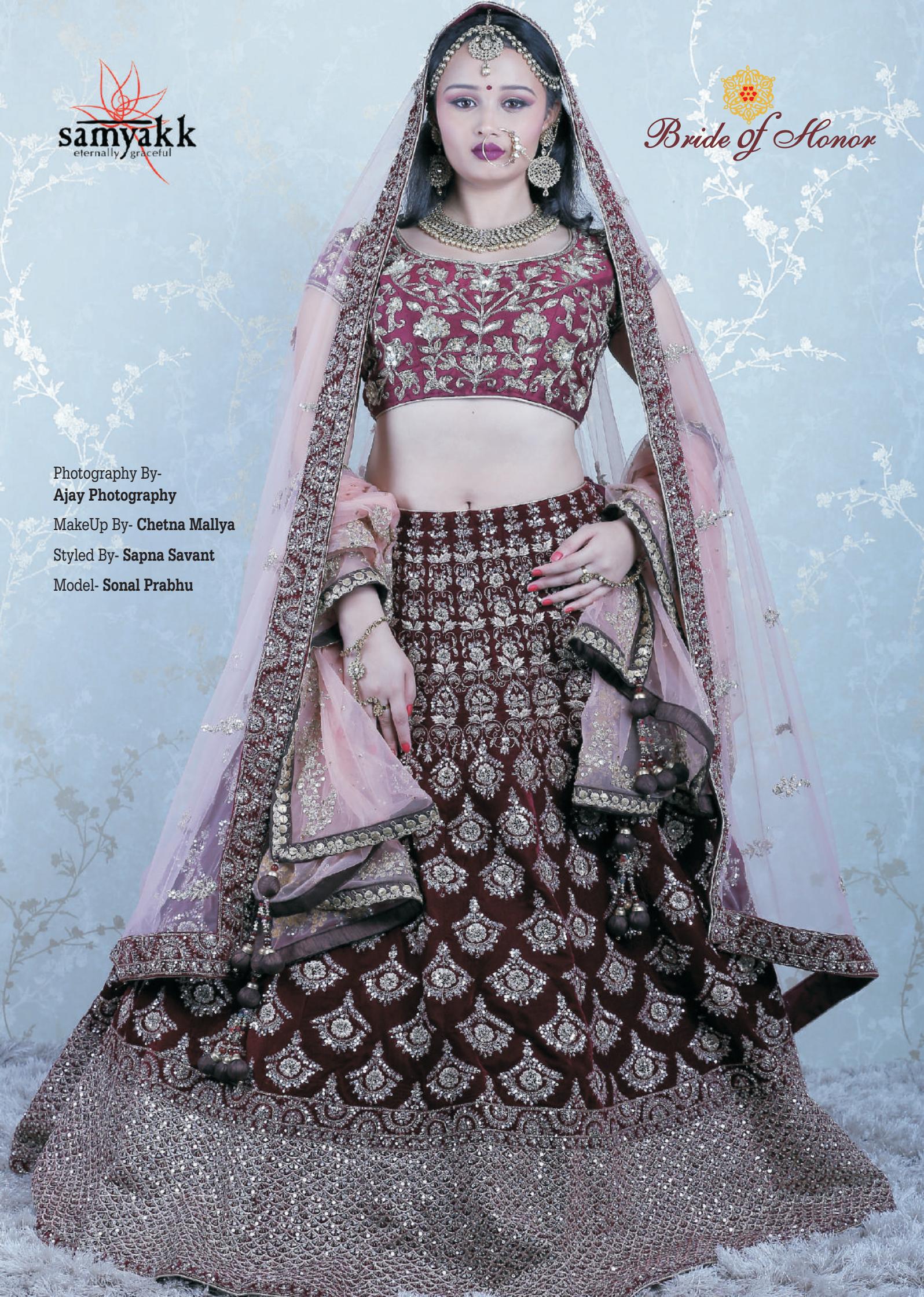


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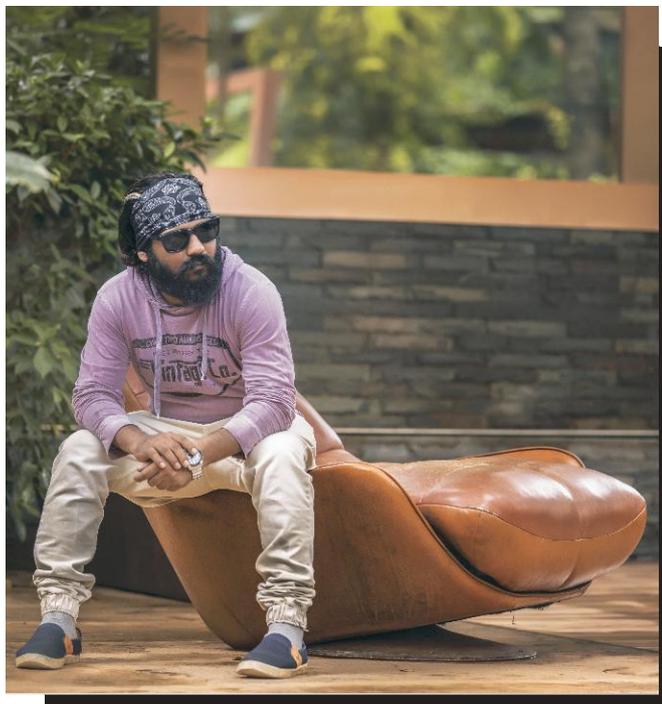


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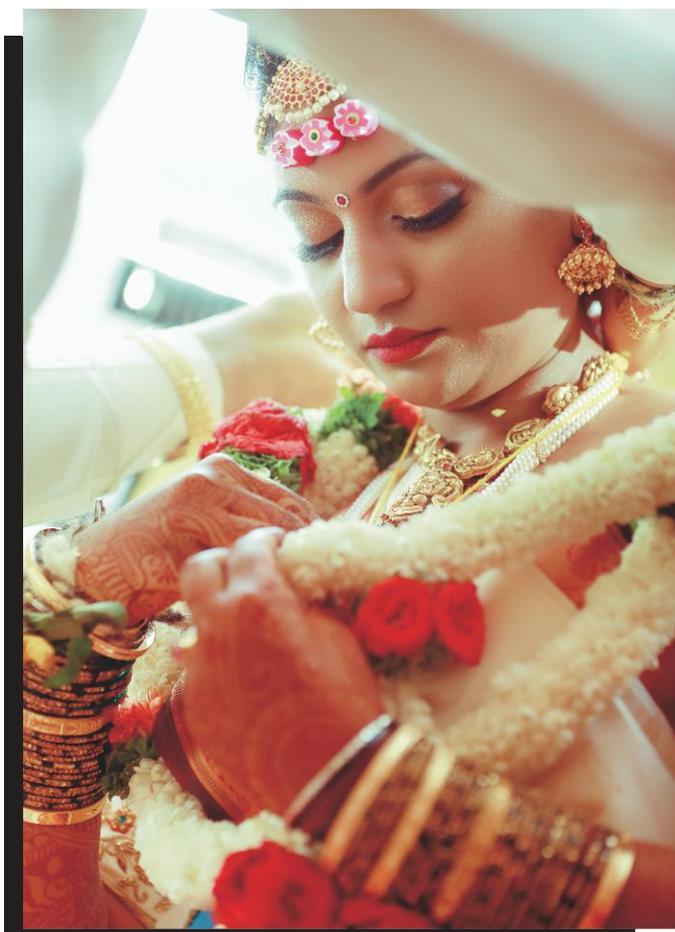
THE STORY OF THE MAN BEHIND THE CAMERA - AJAY PHOTOGRAPHY



A cinematographer and wedding photographer, **Ajay Kumar M L** has been one of Kannada film industries well known photographers. His model photo shoots and celebrity photo shoots have earned him a niche in the Photography segment and he continues to weave magical love stories at weddings. A sneak peek into the world of Ajay Photography

Tell us about yourself & your background?

Being an IT professional, I was always interested in doing something which was more creative and not a monotonous 9 to 5 job. I took my baby steps in photography while I was working for the IT industry. It didn't take long for me to realize that this is where I belong. So, I quit IT and took Photography as my career. I began with model & portfolio shoots and mastered the art of creating great fashion portfolios. Post that, my



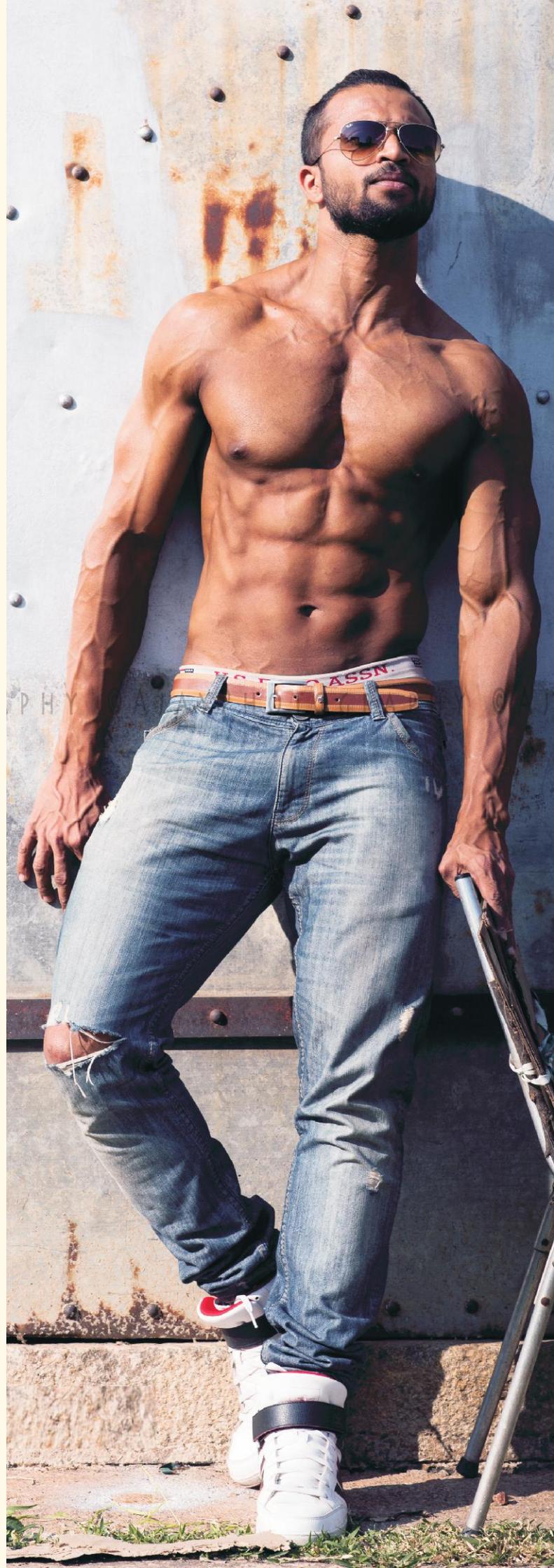
journey in photography took its turn into candid photography/cinematography for weddings, pre-weddings, post wedding, maternity shoots, baby shoots, product shoot, movie poster shoots and all the way up to working as a cinematographer for various short movies and feature films.

What is the story behind starting up your Company?

As business boomed, At times I use to handle 2-3 photo shoots a day in different locations /studios across bangalore. I had dreamt of an art driven photo shoot studio and this led to setting up my very own studio, where I could shoot 24X7 with no limitations, where I can Edit and schedule appointments without draining energy in chaos.

What are the services you provide?

We undertake all kinds of professional and commercial photography including movie posters, model portfolio, product shoots, candid wedding photography, wedding cinematography, commercial photo shoots and anything which involves a camera.



What part of the weddings do you enjoy the most?

Weddings itself is fun; everything related to wedding is most enjoyable. Being a candid photographer, I always want to give a surprise element to the couple when they see the final output in albums. I believe a smile on the face of a couple is the most valuable return gift we get. I engage with the couple through their entire wedding journey from their pre wedding shoots to post wedding ceremonies

Tell us more about your company vision, office culture, and team strength?

My Company right now has 8 employees. Our vision for 2018 is to expand our shoot to- calendars, magazine, and commercial shoots and employ few more photographers for wedding events. We are in the process of conducting few training workshops & courses for photography enthusiasts during the weekends.

We believe in respecting



creative strength of every employee. We approach every project uniquely based on our client requirements. We initiate story boards after internally discussing amongst our team and show templates to our clients, thus planning the shoots prior to the D day. We have always maintained strict timelines and have finished projects in stipulated time. Our strength is in understanding the creative vision of the client and work towards achieving the best results from their vision.

What according to you a



bride & groom should look for while choosing a wedding photographer?

Most couples come with pre conceived ideas about wedding photography. It is important for the bride and the groom as a couple to engage and be comfortable with the photographer. This comfort level is what gives amazing end result in the album. While the couple can review the previous work done by the photographer, they have to see the passion and interest level of the photographer and the efforts he /she puts to make the couple comfortable and at ease. The couple should also be ready to cooperate and

patiently keep smiling at the camera as the photographer weaves magic with his camera

What are your ideas for an ideal pre bridal shoot?

Each couple has a different story they would like to save, as a memory, to cherish while approaching for a pre bridal shoot. They discuss their ideas with us and we come up with idea boards suggesting the different locations, props and plan a theme for the pre bridal shoot. We also provide a stylist to help the bride and the groom with their bridal shoot outfits. The whole concept is planned according to the couple's requirement before we begin with the shoot. This



saves time and energy for everyone involved.

Any tips on posing you would like to give to the bride & groom?

We would never suggest our bride and groom to pose for photographs. We take candid moments, while the bride and groom are not conscious of being clicked and naturally capture beautiful memories. we also give the sequence of activities to be done by them, while we capture the beautiful moments of their togetherness.

Tell us your favourite destination wedding spot?

Udaipur, I am yet to shoot there, its royal and rich heritage makes it my favourite.

Hope I will be shooting there very soon.

You do a lot of celebrity & movie shoots, how is it working with celebrities?

Working with celebs is more fun and much easier, as they face the camera every now and then. hence the camera loves them and they love facing the camera.

What is the difference between fashion & model photography and wedding photography?

Fashion - Attitude to fit treading.

Model Portfolio - Styling and

posing to show the best features of a model.

Wedding - A love Story narrated.

Any funny or memorable incidents you would like to share with us while shooting a wedding?

The funniest wedding incident was the wedding of my friend's brother. I was assigned the project from the bride's side and I was not aware till the day of the wedding that I was shooting

for my friend's family and that the groom is my friend's brother. It was surprise for both of us. I ended up introducing the bride to my friend.



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Nutrition & Dietary Tips for Brides

- **Dt. Tanuja Jain**



Dt. Tanuja Jain is a well known qualified holistic Dietitian, a certified diabetes educator and weight loss diet expert. She is one among the top 10 dietitians and nutrition experts in Bangalore.

Every bride dreams to look perfect in her wedding outfits on her wedding day. And this thought is where the bride also determines to shape up her body to further enhance her outlook.

Dieting has always been considered tough but perhaps never tougher than when a woman has the added pressure of planning one of the most important days in her life. Below are answers to some of the questions frequently asked by the brides to be.

When is the best time to start a diet program before one's wedding?

The time needed depends on how much weight is to be lost or gained and how much toning you want. For example, if you would like to reduce 4-7 kgs then you need at least 8 weeks whereas if you need to lose more like 15-20 kgs start as early as possible. Mostly the brides should start at least 3-6 months in advance “

How important is the role of exercise & workouts?

Exercise plays a major role in weight reduction and body toning. It is impossible to get those desired curves without exercise. I would recommend a combination of aerobics, strength and flexibility workout for best results.

Does the added stress of wedding planning make it harder or easier to lose weight?

I have come across many brides who eat poorly, due to emotional pressures. If you are one of those who can't eat, or

overeat when you feel stressed out, you must seek additional help to ease out some of the wedding pressures. Whenever we are most stressed, we tend to rely on eating for comfort and this makes it harder to lose weight. Even stress induces weight gain due to improper rest & sleep. It becomes difficult to reduce fat mass from your body. In this scenario, for de-stressing, I would suggest all the brides to practice proper exercise, meditation and good sleep.



What is the importance of proper nutrition and a glowing radiant bride?

A lot of brides get too stressed out, eat poorly and get run down. Right nutrition is very essential for all the brides. A diet program is just not designed for only those who are underweight, overweight or obese. Even a bride whose weight is perfect for her height and has good toned body still would need to pay attention on her eating pattern. A good diet has much more benefits than just weight management. A proper nutritious diet with a de-stressed relaxed mind and body is directly proportionate to a glowing beautiful skin and hair which is the key essence of a beautiful bride.

Do we need to take vitamins and other dietary supplements to stay healthy?

The vitamin and mineral supplements are usually

suggested to fill the gaps in your diet. As mentioned earlier most of the brides may not have a balanced diet or sometimes may skip a meal and hence their energy and overall health deteriorates. To ensure a good supply of the entire nutrients one must have a balanced diet and right vitamin and mineral supplements.

When can a bride stop dieting?

If you are following a sensible and safe diet plan, you never have to "STOP" it. Once you have reached your goal you may just have to modify your diet as per the requirements of your body. After all what you eat plays a key role in how you feel and how you look.

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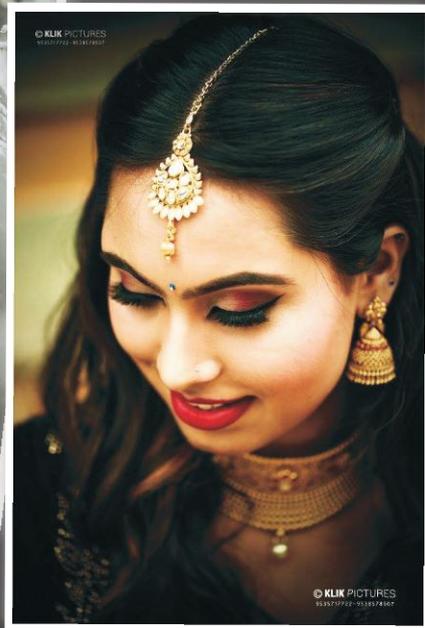
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Tips & Tricks on Bridal Makeup with MUA -Chetna Mallya

For her, make up is an art and the face a canvas. Meet Chetna Mallya a professional makeup artist who loves dolling up brides. She enjoys the joyous moment of gushing brides who see their face transformed by her work. A brief interview with Chetna who gives brides a few tips and pointers

1. What does makeup mean to you?

I think it's about presenting a "face" to the world. My makeup style changes depending on my mood, the environment I'm going to, and the 'image' I want to project. I can be demure, innocent, bad-ass, elegant, fun, or almost any other adjective you can think of depending on how I do my makeup. It can be a confidence booster or a reminder of who I want to be that day.



What was the eureka moment you decided to take make up as your profession?

Makeup has always been my passion but never really thought that I could turn it into a profession until I discussed it with my husband and we collectively decided that I should join a professional course and take it from there.

Who are you inspirations in bridal make up?

Gauri Kapur, Chandni Singh, Daniel Bauer

Give us more details about your bridal make up sessions?

We do 3 types of bridal makeup

- 1. Air Brush
- 2. High definition
- 3. Party makeup

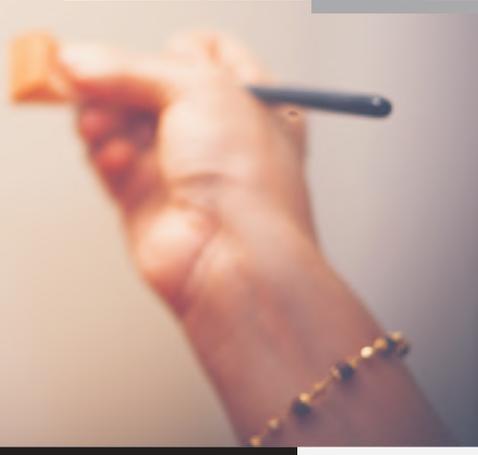
And it includes hairstyle and draping if required.

Do you travel to the wedding venue?

Yes I do travel.

How many weddings have you done?

About 250





What are the products you use in bridal make up?

I use the best products like Fenty, Becca, Bobby Brown, Sephora, Coverfx, Estee Lauder, Anastasia Beverly Hills, Huda Beauty and many more... and its mandatory for us to be updated with all the new high end products as and when launched.

What is the one make up product you wouldn't leave the house without?

Lipstick

How long before the wedding should a bride contact you for a trial?

At least 2 months prior to the wedding

What are the things one bride should carry while coming for a trial make up appointment?

Lots of confidence and a big smile..

What are your favorite make up trends this wedding season?

Bold and high definition makeup.

What should a bride do to make sure the makeup holds fresh for a whole day?

Avoid focus lights on the face directly, Use dry tissue to dab the sweat away... Drink lots of water to keep yourself hydrated Use face mist or makeup fixing spray.

Do you work with just the bride or with the groom as well or the whole wedding party?

We do makeovers for bride & groom and for the bride & grooms family.

How do you manage to apply make up on an acne prone skin?

Prep, prep, and then prep some more. "Having properly exfoliated and moisturized skin is the most important step in creating a smooth, healthy looking complexion.

Use a light hand. "People think acne and acne scars require heavy, full-coverage foundation, but too many layers will actually emphasize your skin's texture and draw attention to acne.

Embrace color correctors. "If I still see discoloration from acne scars after I've applied a layer of sheer foundation or tinted moisturizer, I go back in and paint over each scar with a color corrector, then tap it with my finger to blend.

Add some brightness. After you've dutifully added your primer, concealer, color correctors, foundation, blush, a light dusting of powder (see why thin, sheer layers

are important?), your skin might look a little...dull. "Don't forget to put some glow back into your complexion by applying a subtle highlighter to your cheekbones, cupid's bow, and brow bone at the end.

Give us an ultimate make up tip?

Instant Highlighter

Vaseline makes an ideal highlighter as well, and obviously it will work with any skin tone!

This, too, will give you a gorgeous, dewy look.

All you have to do is apply a tiny bit of the Vaseline to the very tops of your cheekbones and to your brow bones. This will draw the light to all the right places, but it eliminates the need for pricy highlighter products.

According to you how does a bride achieve a glowing complexion?

Get food that is rich in vitamins and antioxidants.

Don't skip on food because you want to lose weight.

You must have three main meals and in-between healthy snacks.

Get plenty of carrots, apricots, green vegetables and tomatoes. They all are very good for your skin.

Turn away from junk food, caffeine and alcohol.

Drink plenty of water, fresh fruit juice or coconut water to transform your skin.

What is your advice to a bride while choosing a makeup artist?

Choose someone you click with and whose work you love. I always tell my clients, "Above all else, the two most important things to remember when wanting to hire a makeup artist is to make sure you view their work in-depth, and to make sure you get along with them on a personal level." Viewing a makeup artist's work and researching your makeup artist is very important.

18. What is your advice to a bride while choosing a makeup artist?

When it comes to wedding preparations, a lot of brides choose to forego hiring a professional makeup artist for their wedding, as they see it as an added expense that they could do without.

Having said that, I am a professional makeup artist myself, of course my advice is a bit biased, but I believe it could be one of the best investments a bride could make for her wedding day.

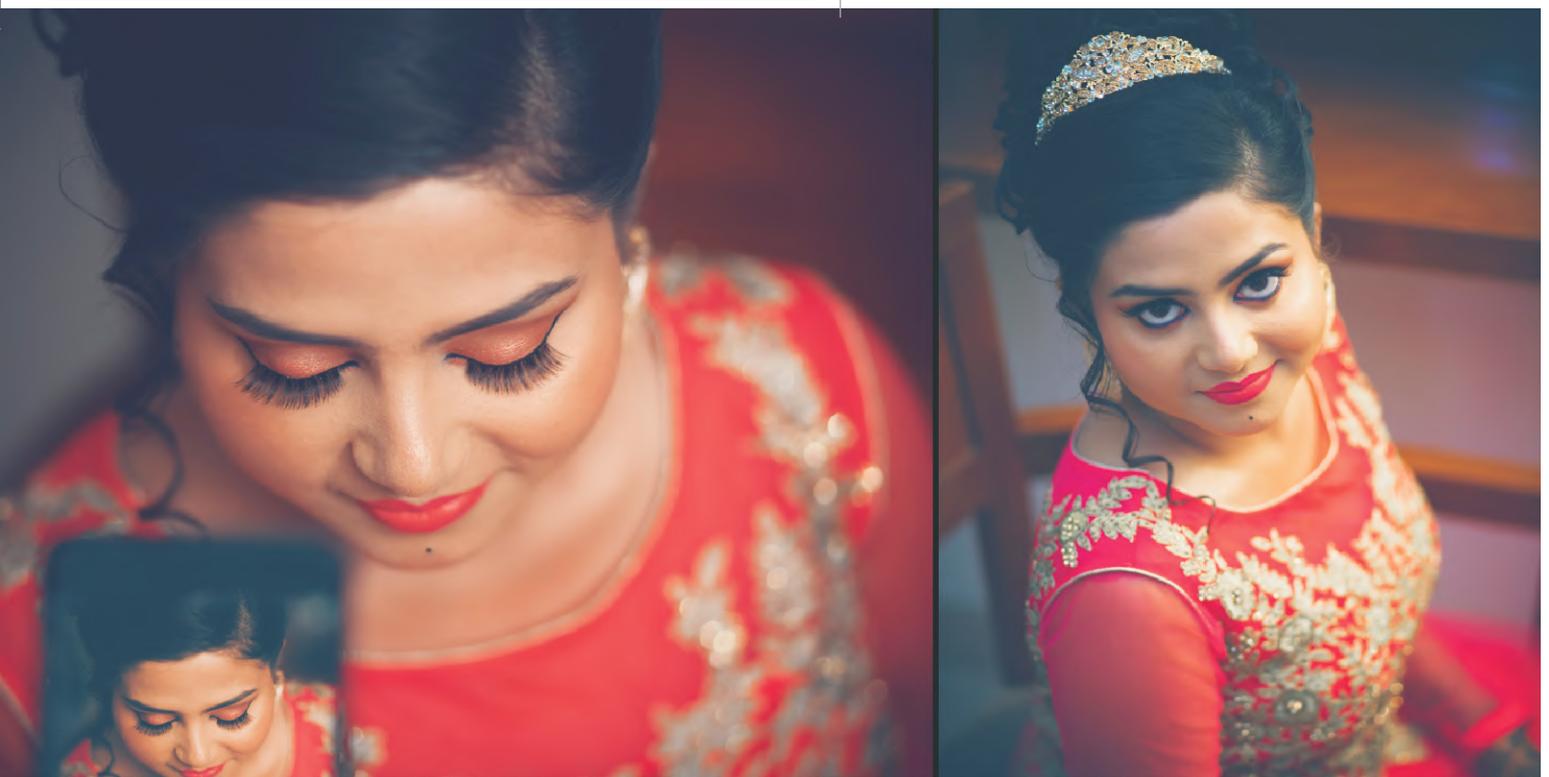
1. Examine Makeup Techniques: A true professional makeup artist has a keen eye for art. They view every clients face as their blank canvas to create a beautiful masterpiece.
2. Do A Trial Run
3. Choose someone you click with and whose work you love.
4. When you find the right one, BOOK THEM (and expect to sign a contract)

What kind of skin care regime you would advice a bride to undergo one month before the wedding?

Fix an appointment with a dermatologist and talk about any skin or hair problems. Start resolving clinical problems right now. Start visiting hair spas or salons frequently to get intensive treatments. Start concentrating on issues like dry skin, dark circles, cracked heels, uneven skin tone, sun tan and any skin or hair issue that needs more time to get healed. Note down all your beauty goals and get expert advice from popular salons. Make sure you follow the advice regularly.

Give us the memorable moment while working with the bride?

Which woman does not like to be pampered and being fussed around? More importantly, which bride does not want to look her absolute best and feel confident on her most magical day. Some of the memorable moments with my brides (and bridal party) are when you can see them flirting with themselves in the mirror during and after their transformation. To us, it is a sign of a job well done.



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Q & A with Cosmetic Dermatologist

Dr. Chytra Anand



Dr. Chytra V Anand - an Internationally renowned cosmetic & celebrity dermatologist, founder of Kosmoderma - South India's Leading expert's Clinic has dedicated to medical excellence in the field of Cosmetic Dermatology with international accreditation

A Q & A session with Dr. Chytra Anand answers queries of brides and grooms on skin & hair care and dermatology related issues

I always break out due to stress. I am worried that just before my wedding I will have those ugly looking zits on my face and back. How do I avoid this?

There are several cures for acne, from local home remedies to modern scientific ones. Many people get stress-related breakouts before their wedding. To get this under control, watch your diet - avoid dairy, sugar, and refined carbs like white bread, pasta, potatoes, etc. which have been commonly known to aggravate acne. The day before the event, drink plenty of water, avoid salt and try to get 7 hours of sleep.

Lasers and peels help correct the issue from the roots and give long lasting results and Intralesional steroid injections can show immediate results and it's a great quick fix when you get a zit or two just before any event.

I am too busy to take care of my skin and do not follow any particular home care regimen. I have 3 months to go for my wedding and my skin looks really dull. Is it possible to get that natural glow on my 'D' day?

Dull skin generally describes the skin that lacks radiance or glow. You can have radiant looking skin all through your life if only you maintain it well and follow a few guidelines.

It's never too late to start on a good skincare regimen.

You will need a sunscreen with SPF 30 at least. ! The sunscreen will not only guard your skin, but will also adjoin a bit of shine to your skin.

A retinol based night cream for skin renewal and pore size. It can speed up cell turnover to even out the discoloration and make your skin flawless and shiny.

A hyaluronic acid based serum can be used to rehydrate your skin.

An oral antioxidant also helps. It can prolong and even make some skin reversals of damage that will take years off without much cost & can give you that ever glowing skin.

There is no need to be afraid of undergoing a skin treatment as long as you know that you are consulting a professional. Get MediFacials at skin clinics that include chemical peels, or photofacials with a laser instead of regular facials. This will penetrate deep into your skin to bring back the glow and reverse the damage.

Hello Dr.Chytra.

I feel I do not look my age and look much older. I can hide my flaws (especially my sunken eyes and fine lines) with makeup on my wedding but is there any long term solution for this?

Many brides often visit Kosmoderma because they are unhappy with their facial

features. Our cosmetic doctors have helped them with rejuvenation techniques so that their face reflect the way they feel inside on their BIG DAY.

An instant face contouring is possible with injectibles. (BOTOX & FILLERS)

If you do not like the way you look, you are a good candidate for Botox. A round face can be made to look longer and oval so that there is more of a classical feature. Botox can help in relaxing & smoothening of fine lines & wrinkles, tightening of open pores, Face Contouring-Jawline, eyebrow lift, pointed nose tip and it can also help control facial, underarm & Palmar sweating!

Filler restores volume and fullness to the skin to correct moderate to severe facial wrinkles and folds, such as nasolabial folds and for contouring of the lips. Fillers can also be used to add

fullness to lips to enhance a smile or create a subtle pout. They can also be used on the cheeks to add definition and softness to the cheekbones.

I am suffering from hyperhidrosis. My wedding day is nearing and I am worried that wearing such heavy outfit will make my condition even worse? Please help

You are not alone. Approximately 20 - 30% of the population have problems with excessive sweating and body odor. Sweating is one of the most important ways in which the body loses heat, however, people with excessive sweating (Hyperhidrosis) produce sweat in amounts far greater than needed to control their temperature. It can be due to a medical disorder, so it is important to seek medical help.

Botox has been approved for treating excessive sweating. The procedure is quick and

comfortable. The treatment becomes effective within several days, leading to a significant reduction in the amount of sweating - Underarms, Palms & Soles. The improvement can last around four to nine months.

So now it's easy to look your best on your wedding day without the ugly sweat stains on your beautiful & expensive clothes.

When is it the right time to begin preparing my skin and hair for the wedding day? Should I consult a dermatologist?

Depending on what you are looking for, you may need 3 to 6 months to look like an ideal bride. A minimum of 6 weeks is required to achieve some results so I always advise the brides that they should start with the skin, hair and body regimen from the moment they decide on the wedding date.

More and more people are turning to dermatologists for rejuvenation techniques. There are many options, but the biggest mistake some of my patients make just before their wedding is to do too much to their skin. It's usually best to avoid doing anything new or drastic right before your event. The longer the preparation time, the better the bride will look!!!

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A Wedding Ambience In A Heritage Garden

The stage is set. Amidst the ambience of a rustic garden which reminds you of the traditions of the past. Love stories are being weaved. Into a beautiful climax. Welcome to the Tamarind tree. A stage which reminds you of a heritage garden with age old trees, stone sculptures, a colonial bandstand, lush green lawns, cobble stone pathways, intricately carved antique wooden doorways.



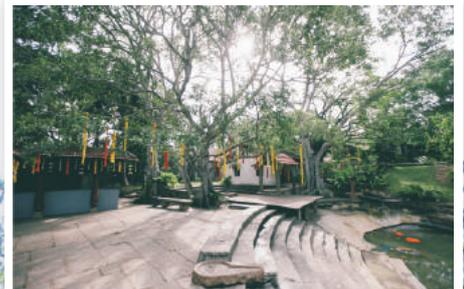
The Tamarind tree stands tall next to a beautiful natural pond, with a Nandi stone sculpture inviting you to the soulful space.



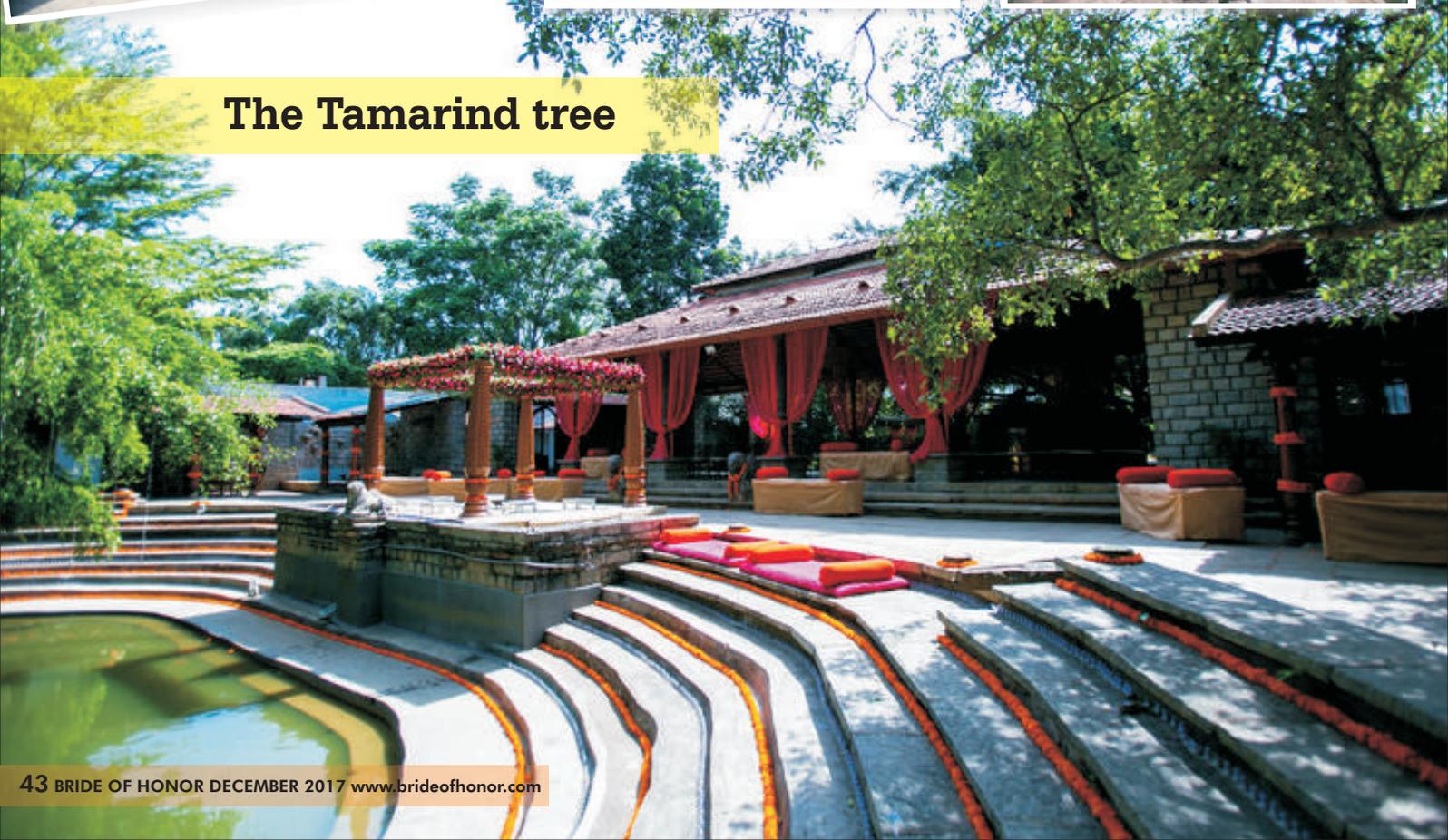
It is perfect ambience for an open air wedding where the bride and the groom can recite their wedding vows under the open sky. Picture this, a traditional wedding set in a beautiful garden with loved ones by your side in a natural environment where the fanfare is the chirping birds and swaying trees.

Mandap

A perfect wedding set up with a colonial Bandstand forming the beautiful wedding mandap for the bride and groom to recite their wedding vows.



The Tamarind tree



The villas

This is a large heritage bungalow with 4 suites and beautiful verandah. It is no less a museum of antiques and a collector's delight. Tamarind Tree also has a grand guest house and two villas that can accommodate up to 25 guests. Engulfed in the midst of tropical gardens, the villas feature luxurious bedrooms, open to sky bathrooms, verandahs, outdoor seating, lotus pond courtyards, large water urns, and a unique collection of art, antique furniture, and collectibles.

The suites

A serene place for the groom and the bride to stay at, and prepare for the wedding celebrations.



The Kitchen

Two large kitchens with a very special Sheesh Mahal bar. In rooms ample space for food counters, comfortably accommodating up to **1000** guests.



The Bath

There is an exclusive space for the Haldi ceremony and the bath after the ceremony.



Overall The Tamarind Tree is a delightful serene place where auspicious and joyous wedding celebrations amidst nature with loved ones would be a cherished life long memory.

For Booking Tamarind Tree Visit www.weddingokay.com



THE DESIGNING STUDIO

BY PANKAJ SONI

psmenzblogger@gmail.com 9739991108

No. 107, ART ARCADE, KORAMANGALA, 80FT. ROAD, BENGALURU-56

Your Outfit & Look Should Always Make a Statement.

-Says Sapna Savant



When did you realise your love for fashion & style?

In my school days I had to attend a party while sieving through my wardrobe, I could not find anything to wear. I mixed and matched two three outfits to create my own style. I got a lot of compliments for my look and that's when I started playing with my wardrobe.

How do you get updated in current trends?

I follow few designers on social media, fashion weeks and i take inspirations from Hollywood and Indian cinema. I like the drama around the song and dance routine.

What's your approach to personal styling?

I play with bold colours, statement jewellery and I love to accessorize. I prefer geometrical cuts and love to play with anything that stands out.

What advice do you give to wedding guest while purchasing outfits?

For evening reception I would suggest women to play with accessories and keep the outfit simple with a saree, lehenga or a gown. For men I would suggest to keep it formal & simple and add a waist coat or a bow tie. light shades and pastel would be the pallet I suggest.

If in a wedding, groom, groom's friends, groom's parents, are opting for a suit how can you help each one stand out in the crowd?

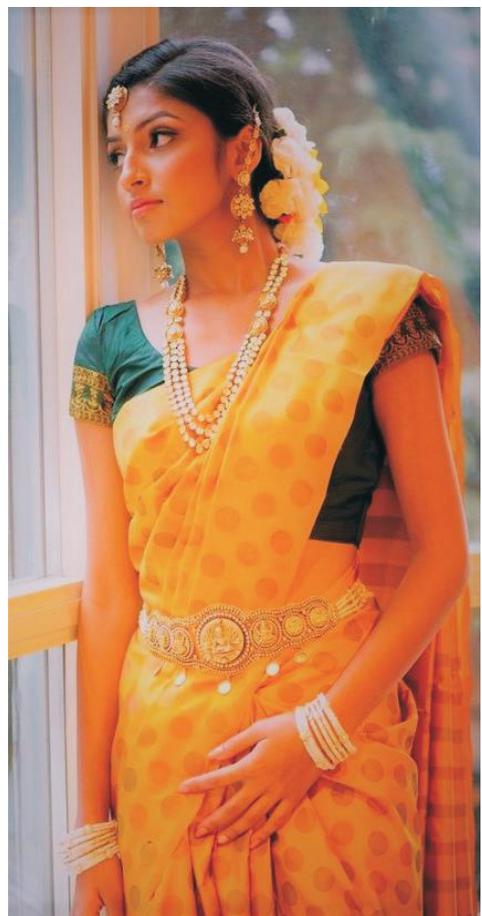
If the groom would wear a suit...i would suggest him to either go for a tuxedo or a 3 piece suit While his father can opt for a blazer and his brother /friends can go for a waist coat with a brooch or a casual cordurouy blazer or bandgala.



What should one bring while coming for a styling consultation or while going for wedding outfit shopping?

A pair of heels or stilettos which would be the ideal height at which the bride is comfortable. Any ideas or inspirations that a bride has in mind, for her wedding





outfit and photographs of themes or styles she would like to try.

What do you suggest a bride wear, for her mehendi, haldi & reception?

Mehendi Ceremony: Since mehendi ceremony is very well documented in photographs and videos nowadays, dressing up for the ceremony has to be well thought of. A beautiful lehenga in pastels or colors like yellow would be ideal to

highlight the mehendi, being drawn on the bride's hands and legs. The work on the lehenga should also be subtle, thus giving more attention to the design of the mehendi.



Haldi Ceremony: Haldi ceremony is all about fun frolic and the colour yellow. I would suggest a white outfit for the haldi ritual which compliments the yellow turmeric that will fall on the garment and later on change into some hues of yellow with floral ornaments in red pink or white, that gives a contrast to the beautiful Haldi colour

Reception : The wedding reception is an occasion where a bride has an option to experiment with her outfit. There are varied options she can go for. It also depends on the wedding theme.

A reception outfit can be a graceful lehenga or an Indo Western gown /Western gown or a saree. Yet again several elements can be taken into consideration while planning any of the outfits. Bare in mind that the reception is more of an informal get together and hence more casual elements can be added to the outfit.

Do you follow current trends while shopping with brides?

I do keep a tab of the current trends in the fashion scene. For me more than what is trending ,it is important to understand how the bride envisions her look and whether she is comfortable in the look and can carry the look well. Keeping these elements in mind,i help the bride shop for her perfect wedding outfit.

What inspires you while working with a bride?

I have always loved the festivity ,the warmth and the celebration of love that comes with weddings. Every bride comes with a different palette of dreams about her wedding day look and when she shares those ideas with me, i get excited at working towards creating her imaginations, into the perfect envisioned bridal look.

Do you collaborate with photographers & with the couple for a pre bridal shoot?

I collaborate with several photographers. I work with them and the couple to create the different looks that go into a pre bridal shoot. We have meetings scheduled with the photographer and the couple and we create a theme/story board of the shoot and then plan all the outfits accordingly. This way everything is organised and the shoot goes smoothly on the day.

Give us some tips, the bride has to keep in mind while shopping for lehenga/Gown?

First you should know your body type & the best fit to suit your body type. Secondly the color of the outfit should enhance the look of your face. Not all colors suit every skin type..The color of the lehenga can either enhance your facial glow or make your face look washed out.

While shopping for a lehenga bear in mind the occasion for which you will be wearing it. Most of the lehengas or gown have intricate work in them and are quite heavy and uncomfortable. Ensure you try the lehenga and you are comfortable wearing the lehenga for a long time.

What do you suggest a bride should opt for while getting her saree & blouse design?

Nowadays importance is given to the blouse and the design that goes on the blouse more than the saree itself. Beautiful and intricate hand embroidery is being weaved into a saree blouse, making it a art filled masterpiece. While choosing the blouse, design and colour, opt for contrasting colours, making the blouse and the designs on it stand out. The embroidery can compliment with the colors of the saree.

What kind of makeup & hair style a bride opts for a saree & lehengas?

I would suggest the bride to show the lehenga or saree to her makeup artist. The eye makeup should compliment the colors of the saree or lehenga. Go for a matte look in the morning wedding ceremonies, while glamming it up with a tinge of shimmer and bling for the evening reception.

I would suggest the bride to avoid going for a bun or a hairstyle where her entire hair is tied up. Play with extensions and ensure there is hair that is left flowing which adds to the beauty of the look.

Give us tips on accessorizing jewellery for a saree, lehengas & Indo-Western gown?

Accessories make a lot of difference in the way a person presents herself. For a simple saree wear a statement neckpiece whereas for a heavy saree

wear minimal jewelry.

Coming to a lehenga, if the lehenga is in bold and bright colors then keep simple jewelry. If the lehenga is in dull and nude tones then play with colorful bangles. For an Indo-Western gown, wear statement earrings or nose rings or naths.

Tell us more about your services & how to engage your services?

I am a budding stylist. I help brides and grooms to create a unique look and style for their wedding. I take care of styling the entire family. I also help individuals style their formal everyday looks and Styles for various occasions. I collaborate for photo shoots, fashion shows, page 3 events.

You can contact me on stylistsapna@gmail.com or follow [stylistsapna](#) on [instagram](#).

WEDDING STORY BOARD



A Road Trip That Lead To A Magical Connection.

The beautiful love story of fashion designer Lavanya who met her match in the ever charming Vinay . A brief interview with the lovely couple about their wedding journey.

Tell us about yourself.

Bride : I am Lavanya ,I am a fashion designer working in the kannada film industry.

Groom: I am Vinay ,I am the director of KMV red hills school.

Tell us something about your partner.

Bride: My better half Vinay is a charming loving and friendly, I couldn't have asked for a better man in my life.

Groom: My wife Lavanya



is loving caring and a perfect women. She has a very caring heart and she is loved by everyone around her.

**When was your wedding?
Is it love or arranged
marriage?**

August 24th of 2017, it was love cum arranged marriage.

How did you meet each other? Share the story of your journey of the proposal to the wedding

We met through mutual friends at a road trip on 15th of August 2016. Initially we didn't talk much in the trip. Our second meeting was at our friend's birthday party and that's where we shared a magical connection. Later we went on a date and on our 2nd date we knew we were meant for each other.

We approached our family & they were very happy to give their blessings to us.

Tell us your experience during your wedding preparation?

Wedding preparations went very well. We were fortunate to be pampered and every moment was



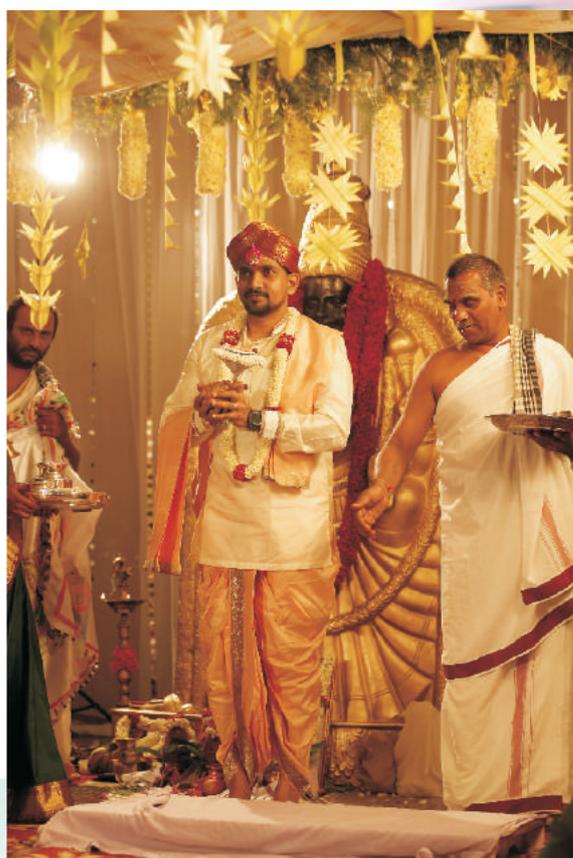
made special. We would like to thank our family and friends who made each day beautiful.

Who helped you with your wedding preparations?

Our family and friends helped us with the wedding preparations.



Groom: I wore a 3 piece suit for the reception and a peach dhoti with off white kurta for the muhurtham designed by my wife(Lavanya) and Diwakar Mohan.



What were your wedding & reception outfits?

Bride- For the Mehendi I wore a crop top and skirt. At the reception I had a beautiful cold pressed pink kanchivaram saree. For muhurtham I had a gorgeous off white saree with peach, zari and green blouse.



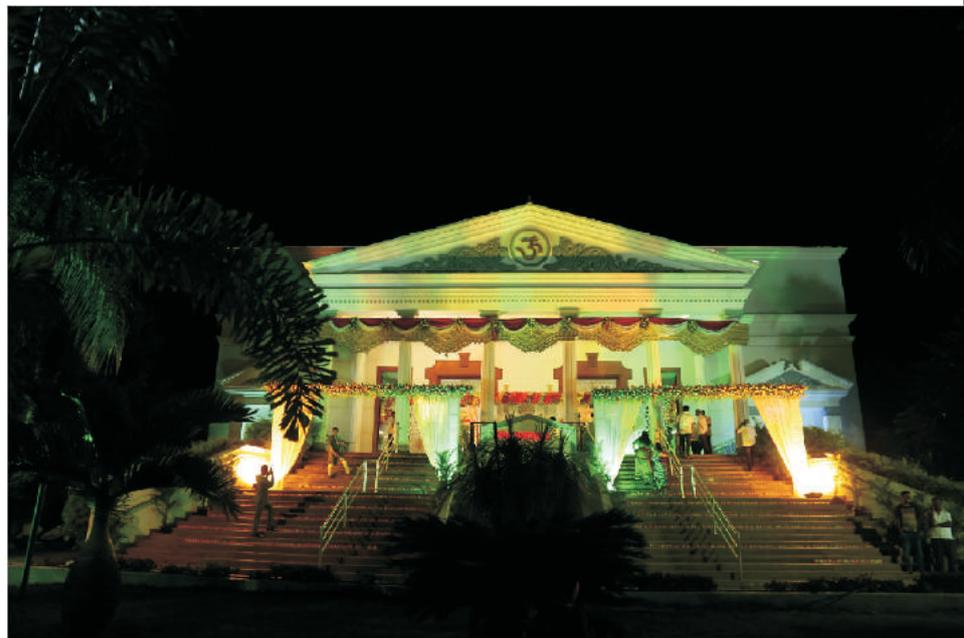


Where did you get married? Tell us a bit about the venue.

Nityostava
Conventional Hall,
Doddballapur Road. It's
a perfect venue for an
indoor wedding. Its
spacious and beautiful
with good parking
facilities. It has 10 big
rooms for guests and a

Did you have a theme for your wedding? Give us more details

We did not go for a wedding theme as we wanted everyone to wear outfits of their choice & make our day colorful. The decor was white and peach for reception and for the muhurtham we had authentic tender coconut leaf decor on the mantap.



large hall. The Venue is very well managed.

Share some memorable incidents with your wedding preparations. On the wedding day, every moment was memorable.





I would like to share a instance when we went to choose my saree. They were all chosen by vinay and my parents asked Vinay's approval for making all the arrangements. They cared a lot about his likes and dislikes and those small moments made a huge impact in strengthening relationships. I have several memorable moments and if i sit to write each one of them i will go on forever.

What do you think about the concept of Bride of Honor? Do you think you would have liked a bridal consultant to help you with your journey?

The Concept of Bride of Honor is great. We have got to share our moments and experiences in a beautiful way .They can help a bride, prepare for her wedding and be ready for her big day. This would help them with narrowing down their choices while taking decisions in all aspects. Today's brides know it all but yes a consultant would always make it more easier is what I feel.



Do you think a Bride & Groom need to undergo the pampering sessions of skin care, spa therapy etc before wedding?

Yes yes yes... we need all the pampering ,spa and beauty regimes before the big day, a foot massage and spa is a must and regular clean up is most essential. Also eating healthy and sleeping well is a must.

Do you think a stylist would help making it easier in choosing wedding outfits & jewellery?

Yes of course, A stylist would make it easier.

How was your experience with your makeup artist? What kind of makeup did you go for?

It was great! I had a messy side french plait as a hairdo I kept my make up simple for the reception while opting for a traditional



hairstyle for muhurtham, with simple make up to keep my look natural.

How was your experience with your Photographer? Any funny incidents while Being photographed during your wedding?

[Ajay Photography](#) captured our wedding beautifully.No words on photography they did an amazing job. Ajay captured every



moment perfectly. Every photo is picture perfect. The most favorite photos are the moments where Vinay showed the mangala sutra to the guests for approval before to tying the knot!



muhurtham and the wedding reception.

How is married life ? Give us a message that you would like to Convey to your partner

Tell us about the different ceremonies that you had during the wedding and any memorable anecdotes?

It was a very simple wedding. We didn't go for all the rituals. It was just Dhaare & Mangalya,

Married life is amazing. I am already settled and at home, Vinay is a great husband and as I said earlier I couldn't have asked for a better man in my life. Every girl needs a home where she feels as comfortable as her mother's home, and my



man has given me that. He never let me feel that I may need time to get along. I would like to thank him for all the love he is showering on me.

What advice do you give brides and grooms who are getting married?

Just be yourself. Let your

partner be himself. Marriage is a lifetime commitment. He or she has to be with u forever. So love yourself be yourself and be happy with your better half.

Thank you

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Wedding Smiles

No doubt your wedding day will be the most photographed day of your life and you definitely want to look your best. This moment will be captured for ever. There is an increase in the number of brides, grooms and parents of the couple who are opting for smile makeovers to look special on that day.

Here are few frequently asked questions we get regarding smile makeovers

Do I need a Smile Makeover?

If you feel any of the below, it's the right time to see a cosmetic dentist.

- You have stopped smiling, you cover your teeth while you smile and are very conscious about your broken or irregular teeth.



- You have discolored teeth
- Bad breath and bleeding gums.
- Pain while you eat.
- Too much gums visible
- Loose teeth.
- Missing teeth.

The cosmetic dentist will draw up a plan based on the time available.

What are the procedures involved?

The type of treatment depends on the complexity of the problem and the time available. In simple cases minimum of 3-4 hours is required. Complex treatment may carry on for a few weeks.

The different procedures include simple scaling and polishing to Dental Braces, Porcelain veneers, Invisible



braces and Dental Implants. With modern materials we are able to drastically reduce treatment times.



I do not want to wear braces. Can I still get my smile corrected?

If you are averse to braces you could consider using veneers or crowns to obtain the result. And this treatment can be completed within 2 weeks. Most patients do not opt for braces because they are very conscious. Lingual braces is an option because they are placed on the inner side of the teeth and are not visible. They are also cost effective.

Is the treatment painful?

The common myth is that dentistry is painful. Most people avoid going to dentist due to this fear. It is not so. With latest advances in technology(Laser) and techniques,treatment is made as comfortable as possible.

Is it expensive?

Cosmetic treatment involves basic procedures like scaling and polishing to more advanced ones.The price range varies because of this. During your smile analysis, your doctor can discuss the cost of procedures in more detail.

How soon should I see the Cosmetic Dentist?

It is advisable not to push your cosmetic dentist consultation to the last. Give us sufficient time to deliver you your desired smile.

Your SMILE is not only the first thing people notice, but it is also listed as the number one thing you can do to leave a lasting first impression.

Smile makeover can give you the smile you want, the smile you deserve.

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Bride of Honor

Bridal Consultants

Every girl dreams of her wedding from a very young age and when the time comes, the wish of being a beautiful bride on the D day is a fantasy imagination & the ultimate desire.

As beautiful as it sounds, that stressful it becomes, to make sure every detail and aspect of beauty and personal care be taken in preparation for that dream look.

Bride of Honour are bridal consultants who help the bride make her dream look a reality for her wedding day. Bride of Honour endeavors to pamper the bride in her stressful phase of maintaining fitness, nutrition, personal grooming and other bridal appointments to look her radiant best, while also helping her with her bridal trousseau shopping & final makeup for the wedding day.

All this while her dream look shall be captured in photographs and a video to be locked in memory land for her to cherish for years to come if she so wishes. Bride of Honour believes that every bride should be pampered well before the D day and it is our aim to ensure that she gets her dream look. Just the way she had imagined for one of the most important days of her life.

We invite all the beautiful brides to browse through our website to get a glimpse of the different packages and consultations available to pamper you and a custom designed package can be formulated to suit all your requirements.



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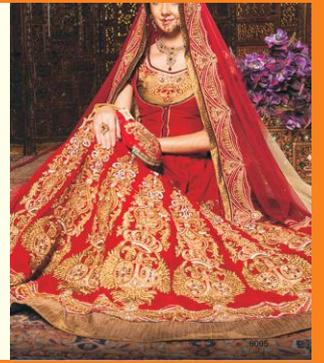
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